

Daylied Espinal

LMHC, MS

EXPERIENCE

Day Counseling Services LLC, Broward, FL — Therapist

May 2023 - Present

Individual therapy, Couples therapy, Family therapy, treatment plan development.

Centered Mind Therapy, Telehealth Platform — Therapist

SEP 2022 - Aug 2024

Telehealth therapy, treatment plan development.

Millenium Clinic Inc, Miami-Dade/Broward, FL — Executive Clinical Director

March 2024 - PRESENT

Overseeing therapist, supervising team members, training, and compliance.

My Mental Health Solutions, Miami, FL — Therapist- PRN

NOV 2021 - JUNE 2023

Individual therapy for victims of abuse, intakes, biopsychosocial intakes, master treatment plan development, treatment plan reviews.

Kids Miracle Steps INC, Pembroke Pines, FL — Administrator

MAY 2020 - JAN 2024

Admissions for patients, communicating with doctors for orders, scheduling staff and evaluations, assisting staff with daily duties and medical emergencies, training staff/parents/owners, communicating with therapists for services, billing, payroll, daily operations

Community and Recovery Wellness Center, Miami, FL — Therapist

NOV 2020 - DEC 2021

Individual therapy for victims of abuse, intakes, biopsychosocial intakes, master treatment plan development, treatment plan reviews.

Henderson Behavioral Health , Broward, FL— Therapist

APRIL 2019 -NOV 2020

Individual (adolescents) and family therapy using TF-CBT, CBT, and Solution Focused Therapy, biopsychosocial intakes, treatment plan developments and reviews

Shuster Plastic Surgery, Hollywood, FL— Patient Liaison/ Assistant Admin

AUG 2015 -NOV 2020

Patient services and relations, drawing labs, billing, and assistant managerial work.

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(786)257-8137

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SKILLS

Microsoft office

EQ health Solutions

Medicaid Portal

Computer troubleshooting

Nextech

Sunwave

OfficeAlly

TheraNest

Simple Practice

Google Suites

TF-CBT

CBT

Trauma

Solution-Focused therapy

LANGUAGES

English, Spanish

LICENSE

LMHC: MH21843

EDUCATION

Nova Southeastern University — Masters in Mental Health Counseling

DECEMBER 2017

Utica College— Bachelors in Nursing

May 2020

Florida International University— Bachelors in Psychology

April 2014